

Santa Paws coming to town

Pet owners and furry and non-furry friends alike are invited to take part in this year's Santa Paws fundraiser for the Humane Society.

Pets can bring their owners to Grant Park Pet Valu on Nov. 26 from noon to 4 p.m. and have their picture taken with the

top dog himself, Santa Paws.

Photos are \$10 for a 5x7, and \$25 for three 5x7s, with all proceeds going to the Humane Society.

Pets, make sure your owner brings your leash and holds onto you tightly!

New art show explores Canada's pastime

The Graffiti Art Gallery is hitting the ice with a new show focusing on Canada's national obsession.

The Good Ol' Hockey Game: How Canada Handles Winter features artwork inspired by the game of hockey and Canada's

beautiful winter climate and opens Nov. 23 at 8 p.m.

Topics include hockey, toques, winter and snow.

The Graffiti Gallery is located at 109 Higgins Ave. Admission is free with the donation of a non-perishable food item.

The Transcona Collegiate Youth In Philanthropy is sponsoring the show, which runs until Jan. 12.

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Have facial, neck or shoulder pain?
Feel clicking or popping in your jaw

Do you...
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Wake feeling unrested?
Feel anxious or irritable?

Do your children...
Have earache/headache symptoms?
Have snoring tendencies or breathing problems?
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If you answered yes to all of the above questions, you may be eligible to participate in a research study for the management of diabetes.

If you currently smoke or have a severe medical condition, you will not be eligible to participate.

For more information call:

Anne at 788-8356

I didn't think it affected me.

I grew up in a house with smokers and worked in a bar for nine years. When I left it all, I went through withdrawal. Chest pains, headaches, and fatigue—I was miserable. Finally, my body detoxed. Now, I just hope to support my mother in quitting.

We can help. So can you.
Catharine Beattie, non-smoker

We'll help you through this.

1 877 513-5333
SMOKERS' HELPLINE

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